

SPOTLIGHT ON
FRIDA KAHLO

Stonewall

Who are Stonewall?

This resource is produced by Stonewall, a UK-based charity that stands for the freedom, equity and potential of all lesbian, gay, bi, trans, queer, questioning and ace (LGBTQ+) people. At Stonewall, we imagine a world where LGBTQ+ people everywhere can live our lives to the full. Founded in London in 1989, we now work in each nation of the UK and have established partnerships across the globe. Over the last three decades, we have created transformative change in the lives of LGBTQ+ people in the UK, helping win equal rights around marriage, having children and inclusive education.

Our campaigns drive positive change for our communities, and our sustained change and empowerment programmes ensure that LGBTQ+ people can thrive throughout our lives. We make sure that the world hears and learns from our communities, and our work is grounded in evidence and expertise.

Stonewall is proud to provide information, support and guidance on LGBTQ+ inclusion; working towards a world where we're all free to be. This does not constitute legal advice, and is not intended to be a substitute for legal counsel on any subject matter. To find out more about our work, visit us at www.stonewall.org.uk.

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Frida Kahlo

(she/her)

Frida Kahlo was born in Mexico in 1907.

She had two sisters.



Frida's childhood

When Frida was 6, she caught an illness called Polio. After being ill, Frida walked with a limp.

Frida was bullied because of the way she walked.

Growing up, Frida had lots of interests. She liked art and politics, but it was her ambition to become a doctor.



3 months in bed

There was a bus accident in 1925 and Frida was badly hurt. Lots of her bones were broken and Frida had to spend 3 months in bed.

When she was spending all that time in bed, Frida did a lot of painting.

She painted self-portraits and paintings of her friends and family.

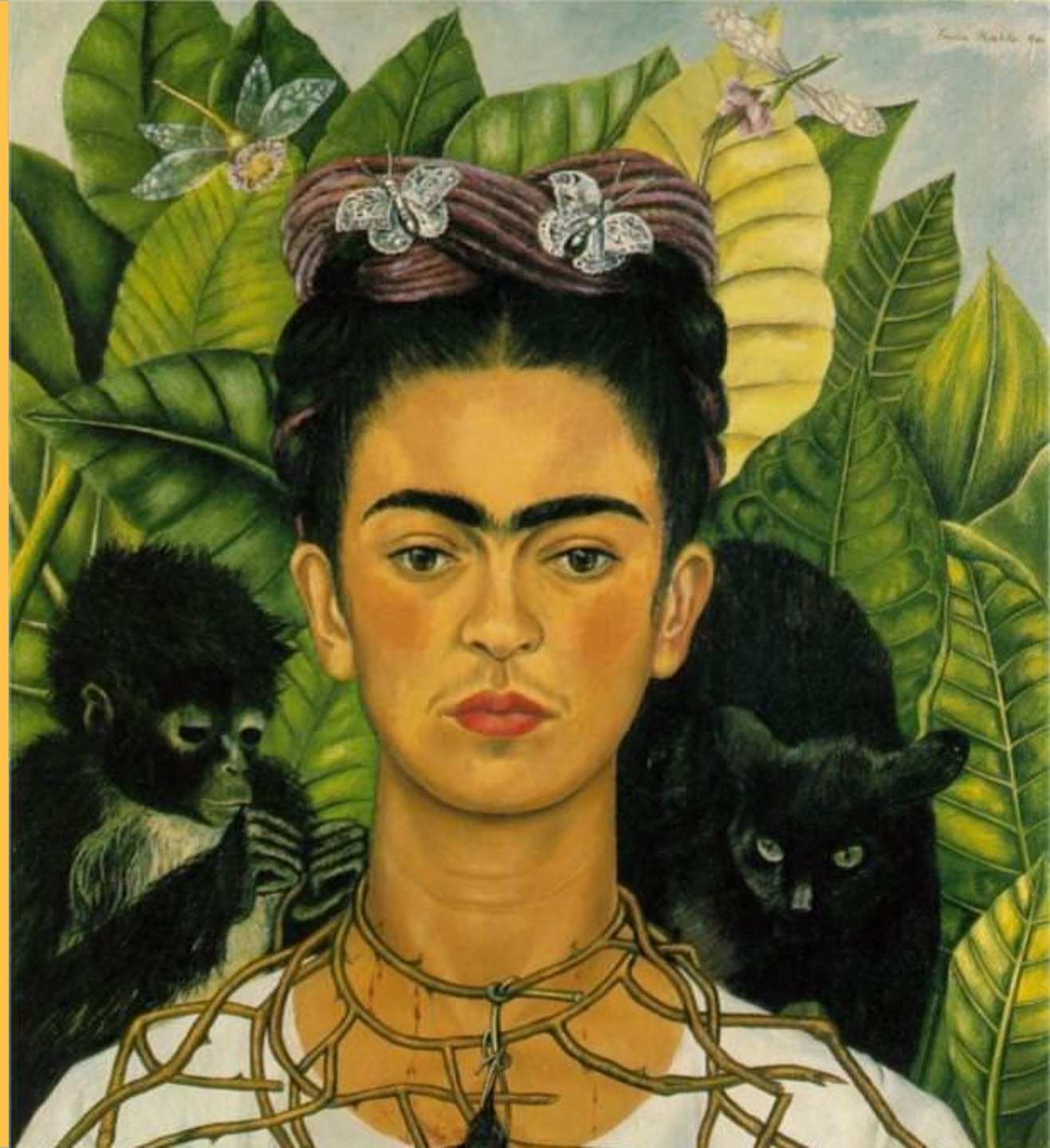


**“I paint myself because I am
so often alone”**

Frida Kahlo

An artist

Frida became an artist. She is famous for the way she painted with lots of bright colours. Most of her paintings were self-portraits.



“I don't paint dreams or nightmares, I paint my own reality.”

Frida Kahlo

Art and love

In 1929 Frida Kahlo married a man called Diego Rivera. Diego was also an artist.

Frida and Diego moved to America and lived there for years.



International success

Frida's art started to get more popular. Her work was in galleries in Mexico, America and France.

In 1939, Frida and Diego got divorced.

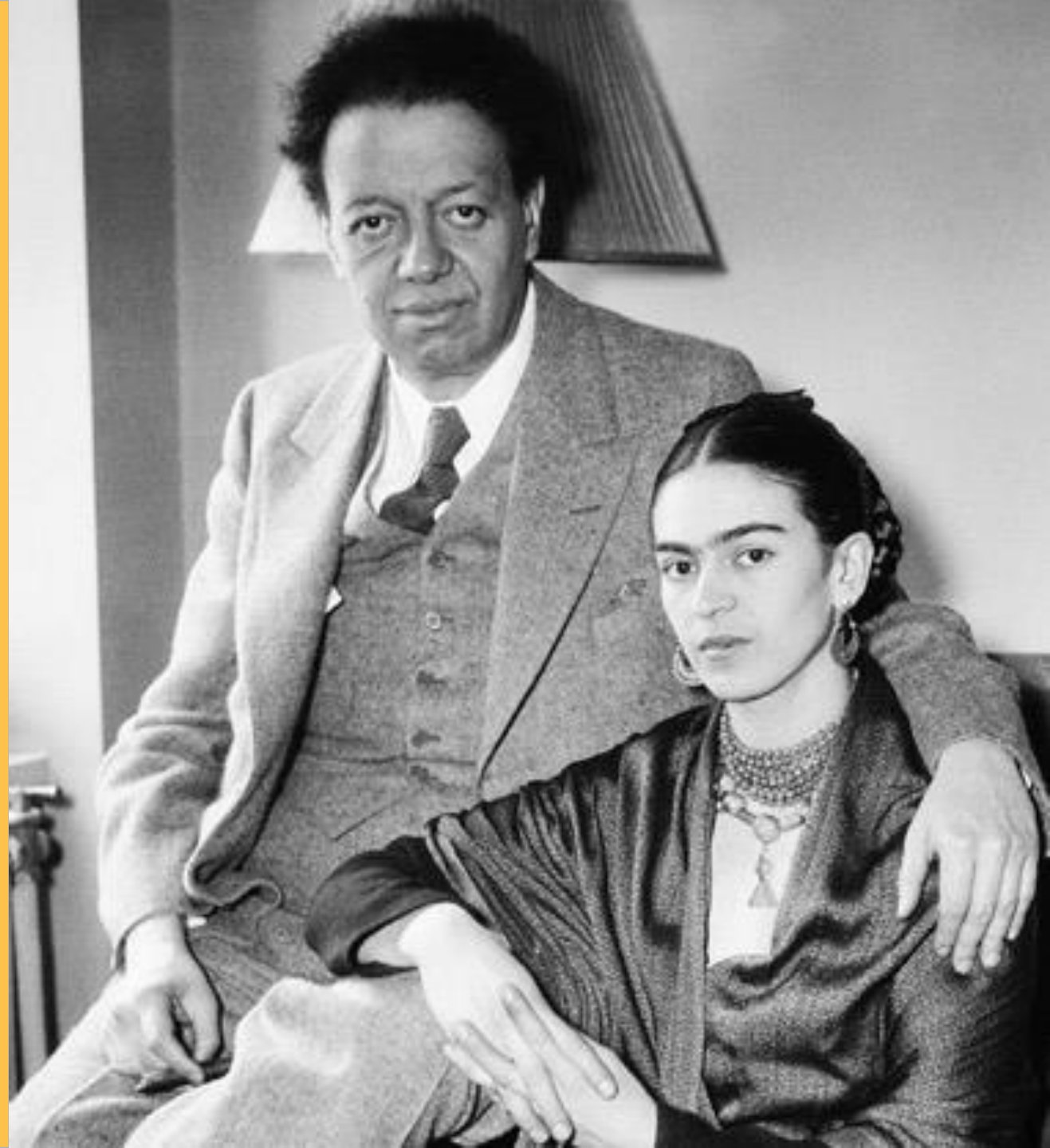
After this, Frida had relationships with both men and women.



Care and illness

Frida kept being ill and had to have lots of operations. She was finding it difficult to leave the house.

Diego and Frida were still friends and he looked after her when she was ill.



Care and illness

Even though she was ill, Frida continued to make lots of paintings.

In 1954 Frida was very ill. She died when she was only 47.

Frida Kahlo's art is very popular because it gives people hope.



**Why do you think
people find Frida Kahlo
inspirational?**